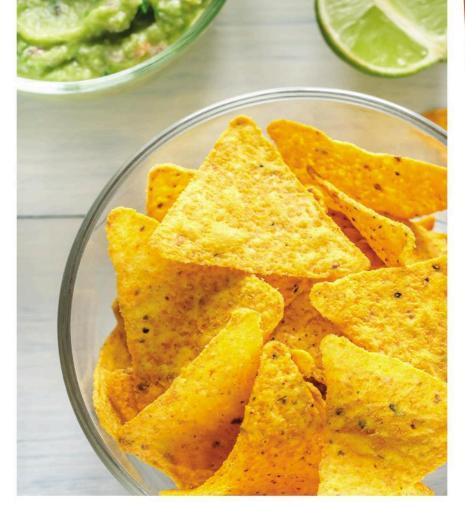


March 2020



Some items may not be available. See store for details. Printed with soy ink on recycled paper. Not responsible for typographical errors.



RHYTHM

BITES

CAULIFLO



Rhythm

Organic

Sea Salt 1.4 OZ

Superfoods

**Cauliflower Bites** 

Selected Varieties

2/\$7







Sensible Portions Organic Garden Veggie Straws Zesty Ranch 5 0 Z Selected Varieties 

2/\$6

oked Wild Kippe ll Natural Si

RHYTHM

AULIFLOWER

BITES



Bar Harbor Wild Kippers Smoked 6.7 OZ Selected Varieties \$3.79

Ecover

93 FL 0Z

Zero Laundry

Detergent

Fragrance Free

\$12.99



Yogi Organic Herbal Tea Original 16 BG 2/\$7



**Icelandic** Glacial Natural Spring Water



50.7 FL OZ 2/\$4



gardein

Gardein Crispy Chick'n Mandarin Orange 10.5 OZ

\$4.29 Selected Varieties



<sup>\$</sup>4.29 **Selected Varieties** 



Gardein Rigatoni n' Saus'age Skillet Meal Italian Style 20 OZ

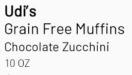
\$6.79 Selected Varieties



Alexia Mexican-Style Parmesan & Mild Red Chile 10 OZ \$3.49

Selected Varieties





<sup>\$</sup>5.49 Selected Varieties



Udi's Sweet Potato Crust Pizza **BBO Style Chicken** 

Selected Varieties

\$7.49 Selected Varieties

11.6 OZ





**BLAKE'S** 

All Natural Foods



5 OZ

**English Muffins** 

Selected Varieties

Sandwich Bread **Delicious Multigrain** 

Selected Varieties





**Making Great Food for** Nearly 100 Years glutinor



**BLAKE'S** 

CHICKEN POT PIE

Blake's All Natural Chicken Pot Pie 8 07 \$2.99

Selected Varieties

#### Blake's All Natural

Organic Shepherd's Pie 8 OZ

<sup>\$</sup>4.29 Selected Varieties

**Evol Foods** 

Breakfast Bowl

Uncured Bacon

Frozen Meal Truffle Parmesan

Mac & Cheese

\$3.99

Frozen

Sausage &

7.5 OZ

OR

8 OZ





**Evol Foods** 

Teriyaki Chicken

Burrito

5 OZ



\$2.29 Selected Varieties Evol Foods Breakfast Burrito Spicy Uncured Bacon & Egg

\$1.99 Selected Varieties

Glutino Original 16.9 OZ

\$5.79

Udi's 24 OZ

\$8.79





WALE INGREDIEN

**SVO** 

BREAKFAST

SAUSAGE & JNCURED BACON

tapi-trea unin" in



**Birch Benders** Frozen Toaster Waffles Paleo \$3.79 6.56 OZ Selected Varieties





\$4.49





Canyon Bakehouse Heritage Style Bread Honey White 24 OZ GF \$7.29



Annie Chun's **Organic Potstickers** Chicken & Vegetable 7.6 OZ Selected Varieties

\$3.79



Bibigo Steamed Dumplings Chicken & Vegetable 6.6 OZ Selected Varieties \$3 70



Sesame 24 OZ

Selected Varieties

Amy's Asian Dumpling Bowl 8.5 OZ Selected Varieties \$4.79

\$5.49



**Applegate Farms** Gluten-Free Chicken **Breast Tenders** 8 OZ Selected Varieties









Feel Good Foods **Snack Bites** Pepperoni 7 07 Selected Varieties GE \$4.79



American Flatbread Frozen Pizza Vegan Harvest 10.2 OZ Selected Varieties \$6.49



Michael Angelo's Frozen Meal Lasagna with Meat Sauce 10 OZ Selected Varieties

\$4.79





**Nourishing Lives By Making Smart Food Choices** 

> Awesome Burgers 8 oz

\$3.99

Awesome Grounds 12 oz

<sup>\$5,49</sup>

Blending the juicy, meaty deliciousness of traditional ground beef with plant-based nutrition and goodness, Awesome Burger and Awesome Grounds provides an excellent source of protein and a good source of fiber with spot-on flavor.



**Breakfast Burrito** The Big Sur 7 oz

<sup>\$</sup>2.49 Selected Varieties



Mindful Chik'n Strips 8 oz

<sup>\$</sup>5.49



Cauliflower Mac Bowl OR Organic

General Tso's Tofu

9 oz

<sup>\$</sup>3.49 Selected Varieties



Chocolate 3 oz <sup>\$</sup>1.79 Selected Varieties

POGO! Wrap





## **Good Health Starts From The Inside Out**



Organic Master Brew Kombucha • Exotic Greens • Blackberry Hops • Pineapple Peach 15.2 FL 0Z



Organic Apple Cider Vinegar Tonic Elderberry OR Organic Sparkling Probiotic Tonic Turmeric Ginger 15.2 FL 0Z Organic Sparkling Probiotic Drink

Lemon Cavenne

Watermelon Rose

15.2 FL 0Z

KEVIT

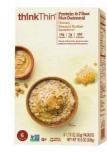
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**KEVITA**<sup>®</sup>

253694 999991 3/1/2020 5



Think! Thin Protein And Fiber Oatmeal Honey Peanut Butter 10.6 OZ \$3.79

Mom's Best

Safari Cocoa

**Crunch Cereal** 

Selected Varieties

\$**3.29** 

Naturals

16 OZ

**Y** 200



Tempt **Gluten Free** Pancake Mix Hemp 10 OZ Selected Varieties GB 🗶 🖫 \$5.99

Sweet Leaf

English Toffee

\$8.99

Drops

2 FL 0Z

Organic Sweet

Selected Varieties

**V** 383





Purely Elizabeth takes pride in sourcing ingredients based on their superior quality and nutritional benefits.

purely elizabeth.

UICK & EASY STEEL CUT

TUTUTUTUTUTUTUTUTU





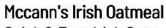


**High Brew Coffee** Cold Brew Coffee Creamy Cappuccino 8 FL OZ \$1.99



tin C sweet or os





Quick & Easy Irish Oats Steel Cut 24 OZ Selected Varieties

\$5.79



Purity and quality, from Ireland to your home.



Numi Tea Organic Daily Super Shot Immune Support 207 Selected Varieties **A V** (200

\$**2.99** 



Highground Organic Instant Coffee Fairtrade 3.53 OZ Selected Varieties



fruits and

Peter Rabbit Organics Made with organic Organic Super Oats & Seeds Banana & Strawberry PETER RABBIT ORGANICS 407 vegetables, Peter Selected Varieties **Rabbit Organics** pouches are perfect \$1.49 for kids on-the-go.

6 253694 999991 3/1/2020



Bob's Red Mill Bob's Bar Peanut Butter Jelly & Oats 1.76 OZ Selected Varieties



Go Raw (USDA) GF Organic Sprouted Pumpkin Seeds Sea Salt \$4.29 40Z Selected Varieties

Justins

NEW!



Larabar Fruit & Nut Bar Peanut Butter Chocolate Chip 1.6 OZ Selected Varieties



GF 🗴 📽 \$9.49

This jerky is Bananas!



Wild Joy Goods Organic Banana Jerky Original 3 O Z Selected Varieties USDA RF \$**3 79** 

Banana Jerky is an organic, clean, no added sugar, plant-based alternative to beef jerky. Inspired by traditional jerky flavors, Banana Jerky dried bananas are re-hydrated in a marinade with premium ingredients to make a delicious and savory snacking treat.

Learn more at www.wildjoygoods.com





EPIC

RTHE PREVAILING

Jerky Bites Sweet & Savory Uncured Bacon

**Cooking Fat** 

<sup>\$</sup>10.29

Duck

11 OZ

\$1 29



HEAT



Bone Broth

<sup>\$</sup>5.99

Chicken

14 FL OZ

Homestyle Savory





Performance Bar Almond Butter Chocolate 1.87 OZ

<sup>\$</sup>1.99 Selected Varieties



3 O Z

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EPIC

**Bison Bar** 

2/\$5

1.3 OZ



Traditional Chicken Jerky Sriracha 2.25 OZ \$**4,49** 

Selected Varieties



Salmon Fillet Strip Smoked Maple .8 OZ <sup>\$1</sup> 49

AND AND



Annie's Homegrown Organic Snack Mix Original 9 OZ Selected Varieties

\$4.49



Good Health Kettle Potato Chips Avocado Oil Sea Salt 5 OZ Selected Varieties

**V** 385

\$2.49



**Food Should** Taste Good Tortilla Chips Multigrain 5.5 OZ





Pretzel Crisp Gluten Free Pretzel Crisps Original 5 OZ Selected Varieties

GF \$2.49



Snyder's Of Hanover Gluten Free Pretzel Sticks 8 OZ Selected Varieties GF \$2.99



Beanitos Baked Bean Crunch Mac N'Cheese 4.5 OZ Selected Varieties Œ

\$2.49



Tenayo Organic Black Bean Dip 16.5 OZ Selected Varieties



TEN MOUNTAIN CRIM

#### **Green Mountain Gringo**

Salsa Medium 16 OZ Selected Varieties

\$4.29

**Beanitos** White Bean Chips Nacho Nation 4.5 OZ Selected Varieties GF

\$2.49



**BEANITOS**<sup>®</sup>

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Tower In WEET CHILI ATION

The main ingredient in Beanitos chip recipe is fresh whole beans, which is now proudly source from American farmers. Beanitos uses fresh whole beans to make the bean masa for the new chips and because of this, the new chips now have 5 g of plant-based protein per serving.



Tcho Chocolate Organic Milk Chocolate Bar Toffee + Sea Salt 2.5 OZ

GF

\$2.99





Midel Cookies Ginger Snaps 10 OZ \$3.29



**Y**22

Little Secrets Dark Chocolate Cookie Bar with Salted Caramel 1.8 OZ Selected Varieties \$1.99

Familiar snack with a plant based





Wild Ophelia Cold Brew Chocolate Coffee Bites Sea Salt Caramel Latte 3.49 OZ Selected Varieties GÐ

\$4.99



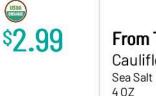
\$2.29

Tree Hugger Sugar Free Gum Spearmint 14 CT Selected Varieties

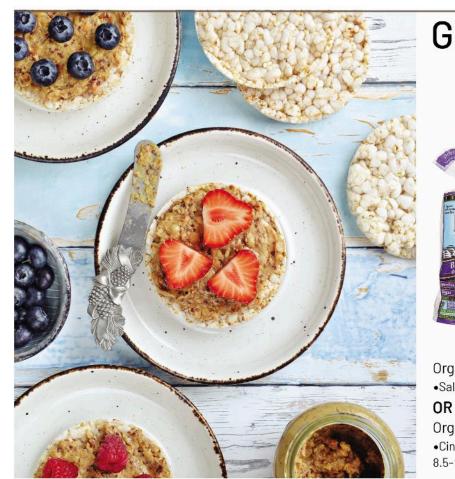


Miltons Organic Crackers Multi-Grain 6 OZ

USDA







## **Guilt-Free Whole Grain Snacking**



**Organic Brown Rice Cakes** •Salt Free •Lightly Salted

<sup>\$</sup>2.99 **Organic Rice Cakes** 

 Cinnamon Toast
Tamari Seaweed
Selected Varieties 8.5-9.5 oz

Y 1962 👷

Organic Thin Stackers

· Brown Rice, Salt Free

6 oz

- Red Rice & Quinoa Basil & Thyme

<sup>\$</sup>2.49 Selected Varieties Our baking aisle is your own pot of gold when it comes to whipping up a St. Patty's Day treat. Try some of our favorite products this month:

Lankato Monkfruit Sweetener matches the sweetness of sugar in your favorite Irish desserts.

Wildly Organic Coconut Flakes add a sweet crunch to Irish Potato Candy.

Create a deep, rich chocolatey Irish Cake with **Scharffen Berger** Baking Chocolate Bars.

Mini Chocolate Chips from **Enjoy Life** for the win when mixed into an Irish Soda Bread.





Lakanto Monkfruit 1:1 Sugar Substitute Classic 16 OZ Selected Varieties \$7,29



Enjoy Life Mini Chocolate Chips Semi-Sweet 10 0Z Selected Varieties \$**4.99** 

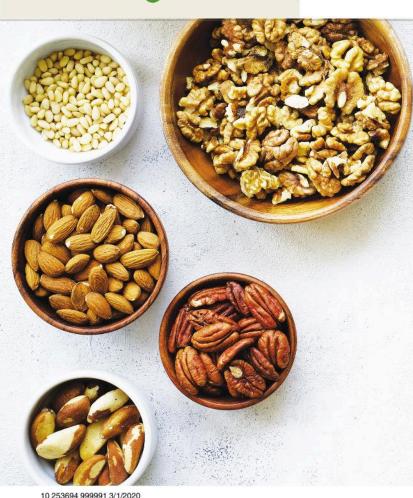


Scharffen Berger Baking Chocolate Bittersweet Fine Artisan Dark Chocolate 9.7 0Z Selected Varieties

\$6.29



Wildly Organic Organic Coconut Flakes Small 8 OZ GF (1997)



Sulk

Organic Coconut Medium Shredded \$1.59/Ib

Organic Dates Large Medjool \$6.99/1b

Organic Mangoes Dried \$9.36/Ib

Organic Chocolate Chips Dark \$6.89/Ib 100% Organic Almonds Raw

<sup>\$</sup>11.59/lb

Organic Cashews Raw & Whole \$7.89/Ib

Deluxe Mixed Nuts Roasted & Salted \$11.69/Ib

Organic Pistachios Roasted & Salted \$9.09/1b Organic Raw Natural Sesame Seeds \$2.89/Ib

Organic Pumpkin Seeds \$2.99/Ib



Primal Kitchen Avocado Oil Dressing \$4.99 Ranch 8 FL OZ



**Calbee Snapea Crisp** Harvest Snaps Salad Topper Chipotle \$2.79 3 0 Z Selected Varieties



**Y** 6785

California Olive Ranch Extra Virgin Olive Oil Everyday \$8 99 16.9 FL OZ Selected Varieties





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Organic Apple Cider

Vinegar

16 FL OZ

16 floz (473 m



Extra Virgin \$10.99 Olive Oil 1LTR



Sustainably Every Salmon 18g Protei Wild Caught Mercury Tested No Sugar S Safe Catch. Wild Alaska Pink Salmon ITALIAN HERB The Only Brand to Test Every Fish PALEO 🥪 🖪 30

Safe Catch Wild Alaskan Pink Salmon Italian Herb 2.6 OZ Selected Varieties



Mestemacher Bread Bread Pumpernickel 17.6 OZ Selected Varieties

\$2.29



## Go Wild For Tuna

Combine Skipjack Tuna with...

- · Hummus, spread on a tortilla. Top with spinach leaves, shredded carrots and red cabbage for a protein-packed wrap.
- White beans, chopped red onion, parsley, EV00 and lemon juice. Fill a halved avocado for a simple, satisfying lunch!
- Sriracha mayo and chopped celery. Pile on toasted sourdough, top with pepperjack cheese and broil for a flavor-packed open-face tuna melt.







Muir Glen Organic Pasta Sauce Italian Herb 25.5 FL OZ Selected Varieties





Farm To Fork Marinara Sauce with Fresh Garlic 23.5 OZ Selected Varieties



ORGANIC LUCINI RUSTIC TOMATO BASIL ST ORGANIC SAUCE

Lucini Italia 100% Organic Pasta Sauce Rustic Tomato Basil 25.5 FL OZ





Near East **Rice Pilaf** Original 6 OŹ Selected Varieties

\$1.99



Sam Mills **High Protein** Chickpea Pasta Penne 8.8 OZ Selected Varieties



GLUTEN FREE CHIGH PROTEIN FETTUCCINE **X** 

Jon

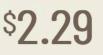
Seapoint Farms Organic Edamame Pasta Fettuccine 7.05 OZ





**Muir Glen Organic Crushed Tomatoes** Fire Roasted 28 OZ Selected Varieties

USDA 





Muir Glen **Organic Diced Tomatoes** 14.5 OZ Selected Varieties

MON GMD Project \$1.29

USDA



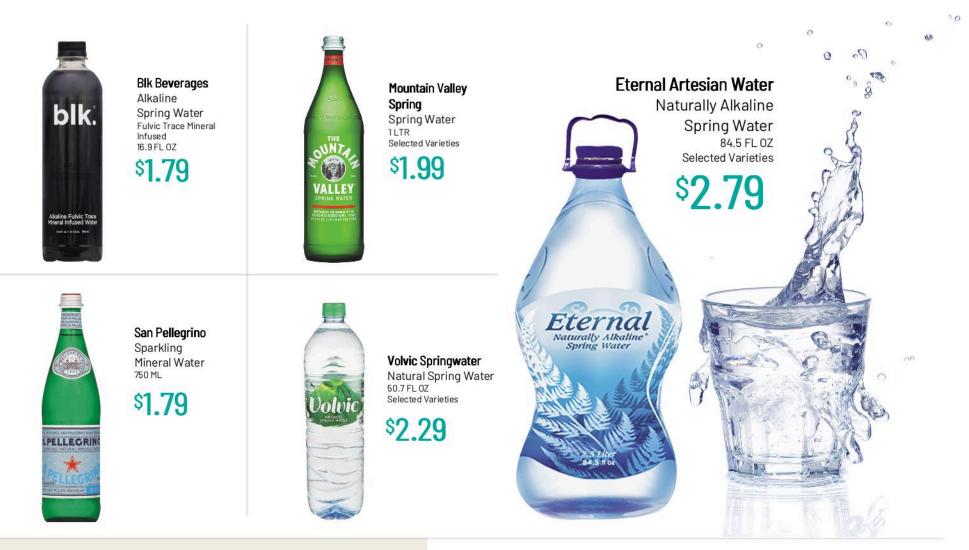
Pacific Natural Foods Organic Creamy Soup Tomato 32 FLOZ Selected Varieties GF \$3.29



Better Than Bouillon Bouillon Roasted Chicken Base 8 OZ Selected Varieties \$3.99



Kettle And Fire 100% Grass-Fed Bone Broth Beef 16.9 OZ \$4.99 @



Steaz Zero Calorie Iced Green Tea Peach Mango 16 FL OZ Selected Varieties

\$**1.29** 





Hansen's Beverages Soda Creamy Rootbeer 6/12 FL 0Z

## Beet Detox Smoothie

You can't BEET this detox smoothie!

1 small beet, cooked and chopped 1/2 orange, rind removed 1/2 avocado, pitted and skin removed 5 cherries, pitted 1/2 cup frozen strawberries 1/2 cup frozen banana 3 medjool dates, pitted 1/4 cup coconut yogurt 1 cup Vita Coco Pure Coconut Water

Add all the ingredients into a high-powered blender and blend until smooth. Top with fresh fruit and extra coconut yogurt. www.vitacoco.com



**Vita Coco** Coconut Water <sup>Original</sup> 1LT



Emerald Health Bio Endo Inflame Supplement 60 SGEL Selected Varieties GF

\$30.49



SIL





\$50.49



Earthrise Spirulina Natural 90 TAB Selected Varieties GF X \$6.99



## kick the pain

PAIN RELIEF Arnicare RORON

Boiron Arnicare Roll-On 1.5 OZ Selected Varieties \$5.99

Topricin Pain Relief Cream

Topricin Pain Relief Cream 4 OZ Selected Varieties \$15.49



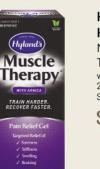
PSYLLIUM WHOLE HUSKS For Regula C







Strength Of Hope Hemp Relieve Balm Peppermint 10Z Selected Varieties 31.99 \$



Hylands Homeopathic Muscle Therapy Gel with Arnica 2.5 OZ Selected Varieties \$**9.49** 

**Brain Juice** Daily Shot Strawberry Lemonade 2.5 FL 0Z Selected Varieties \$2.99



1 W1 12 02

Lily Of The Desert Organic Aloe Vera Juice Whole Leaf 32 FL 0Z Selected Varieties USDA \$5.99





Cbd Medic Active Sport Pain **Relief** Ointment 40 GR Selected Varieties \$31.99



**Cbd Medic** Active Sport Pain Relief Stick 30 GR Selected Varieties

\$31.99



Grandpa Soap Body Wash Apple Cider Vinegar 9.5 OZ Selected Varieties





Andalou Naturals **Botanical** Deodorant Rose Pomegranate 2.65 OZ Selected Varieties

GF \$6.49







Aktive Face Life Serum Hemp Oil & Paeonia Albiflora Root 0.5 FL 0Z Selected Varieties \$**33.99** 



Naturtint Permanent Hair Color **1N Ebony Black** 5.6 FL OZ Selected Varieties \$**11.49** 

Thayers Witch Hazel **Toning Towelettes** Rose Petal \$**5.99** 30 CT Selected Varieties

**SINCE 1847** 

YERS





**Mineral Fusion** Shampoo Lasting Color 8.5 FL OZ Selected Varieties \$6.49



Herbatint Permanent Herbal Haircolor Gel **4N Chestnut** 4 FL OZ Selected Varieties \$12.49

NATURAL REMEDIES Thayers Witch Hazel

Facial Mist Rose Petal 8 FL OZ



GF





Desert Essence Activated Charcoal Toothpaste Fresh Mint 6.25 OZ Selected Varieties GF X

\$4.99



Eco-Dent Gentle Floss Mint 100 YD Selected Varieties

\$3.99

Eco-Dent Ultimate Essential MouthCare Rinse Sparkling Clean Mint 8 FL 0Z

\$7.49



Creators of the original Neti Pot & natural products with eco friendly packaging. The Neti Pot naturally cleanses, refreshes and protects the nasal passages.



Sera Topical Facial CBD Oil Radiant Glow 10Z Selected Varieties \$34.99





Spring Clean



Citrus Magic Natural Odor Eliminating Air Freshener Fresh Orange 3.5 FL OZ Selected Varieties \$6.29

**Rebel Green** Fruit & Veggie **Clean Spray** 17 FL OZ Selected Varieties

\$3.49

GF



\$1.99



Twist

3 PK

Selected Varieties

Plant-Based Scrub Sponges

Sun & Earth All Surface Wipes Light Citrus 80 CT \$4.99

\$2.79

biokleen

CITRUS ESSEN ALINDDY I



I And Love And You Canned Cat Food Oh My Cod! Pate 3 O Z





Laundry Liquid **Citrus Essence** 

64 FL OZ

Selected Varieties

New

**Try Our New** 

**Dryer Sheets** 

biokleen

ITRUS ESSENCE

80

Clean for Good

DRYER SHEETS

Plant-based clean and save some green

Twist

CT

Naked Sponge

Selected Varieties

3x concentrated with plant-based cleaning power delivers low-cost per load



Learn how we Clean for Good at biokleenhome.com/CleanforGood

Statements have not been evaluated by the Food and Drug Administration. Products are not intended to diagnose, treat, cure or prevent any disease. CBD items may not be available as restrictions vary by state and are subject to change. See store for details.

okleen

biokleer

biokleen

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# **Chobani** It Begins With Yogurt

Smoother of smoothest smoothies, topper of tastiest tacos, fluffer of fluffiest flapjacks, creamer of creamiest crème brûlée. This is magic in the making.



Oat Yogurt Stawberry Granola Crunch 5.3 OZ

OR

Blueberry Pomegranate 5.3 OZ



#### Selected Varieties

## Chobani Oat

NFW

Plant-based and vegan-friendly, crafted without dairy or lactose. Spoonable oat blends and crunch contain billions of probiotics, and 3-4g of plant-based protein.



### **Coconut-Based**

Vegetarian-friendly, packed with probiotics, and gluten free. It's a perfect non-dairy choice.

 $2/^{3}$ 

Coconut Yogurt Drink Mango, 7 FL OZ

Coconut Yogurt Strawberry

5.3 OZ

OR





Each protein-packed pair makes a delicious, nutritious breakfast or snack.

Chocolate Greek Yogurt with Hazelnut Butter

5.3 OZ



Selected Varieties

## Fruit on the Bottom

Crafted with real fruit and fresh, local milk and no preservatives.

- Greek Yogurt Strawberry On The Bottom 5.3 OZ
- **5/**<sup>\$</sup>**5**





## Oatmeal on the Bottom

Made with real fruit and gluten-free whole oats, every spoonful's got protein, fiber, and good-old fashioned goodness.

#### Apple Spice Greek Yogurt with Brown Sugar Oatmeal

5.3 OZ



#### Selected Varieties

## **Chobani**

www.chobani.com

